



Baptist Pui Li School 2023-24 School Year Meal Menu for Whole-day Class (April)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1/4	2/4	3/4	4/4	5/4
Lunch	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday
Fruit					
Refreshment					
	8/4	9/4	10/4	11/4	12/4
Lunch	Steamed Egg with Mushroom and Crab Stick Rice Dried octopus and lotus root soup	Fish Fillet in Creamy Corn Sauce with Rice Green radish carrot and corn soup	Lemongrass Pork Chop Rice Papaya Snow Fungus Soup	Italian Fish Fillet with Mixed Vegetable Rice Old cucumber red bean soup	Honey Glazed Roasted Chicken Spaghetti (Small Pieces) Tea plant mushroom corn and pork bones soup
Fruit	Apple	Pear / Apple	Grapes / Apple	Orange / Apple	Papaya / Apple
Refreshment	Grain Bread Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Egg White Cake Warm Water	Cereal Milk Warm Water	Pineapple Pizza Warm Water	Cheese Stick Bread Warm Water
	15/4	16/4	17/4	18/4	19/4
Lunch	Steamed Egg with Minced Pork and Spinach Rice Kudzu, beans and ribs soup	Chicken Penne with Mixed Vegetable Tomato and potato soup	Pork in tomato sauce with rice Chestnut radish and pork bones soup	Neapolitan Fish Fillet Spaghetti Zucchini and Meat Soup	Japanese Steamed Egg Rice Pumpkin and radish pork bones soup
Fruit	Apple	Blueberry / Apple	Grapes / Apple	Orange / Apple	Banana / Apple
Refreshment	Sweet Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Chocolate Cake Warm Water	Cereal Milk Warm Water	Egg Tart Warm Water	Jam Sandwiches Warm Water
	22/4	23/4	24/4	25/4	26/4
Lunch	Teachers' Development Day	Fish Fillet Rice in Pumpkin and Corn Sauce Minestrone Soup	White Sause Penne with Chicken and Potato Gassho melon, yam and Barley Soup	Shredded Chicken Rice with Corn Sauce Gassho melon and pork bones soup	Steamed Egg with Pumpkin and Minced Pork Rice Snow fungus apple and pork soup
Fruit		Pear / Apple	Grapes / Apple	Orange / Apple	Papaya / Apple
Refreshment		Sponge Cake Warm Water	Cereal Milk Warm Water	Cheese Mochi Bread Warm Water	Blueberry Jam Sandwiches Warm Water
	29/4	30/4			
Lunch	Pork Chop (small pieces) Penne with Tomato Sauce Green radish carrot and corn soup	Shredded Pork with Veggie Rice Tomato and potato soup			
Fruit	Apple	Blueberry / Apple			
Refreshment	Salty Butter Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Boiled Egg Warm Water			

*Boiled vegetables or melons are available every day.