

Baptist Pui Li School	2025-26 School Year	Meal Menu for Whole-day	/ Class	(October)

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1/10	2/10	3/10
Lunch			National Day Holiday	Beef in Portuguese Sauce Taiwanese Braised Minced Pork Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Bai Ye Tofu Pork Slices in Cort Sauce Rice Rice Bean and Arrowroot Soup with Pork
Fruit				Orange / Apple	Cherry Tomato / Apple
Refreshment				Butter Loaf Warm water	Plum Jam Sandwich Warm water
	6/10	7/10	8/10	9/10	10/10
Lunch	Mid-Autumn Festival	The following day of Mid-Autumn Festival	Stir-fired Chicken Garlic Honey Pork Slices Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Italian Vegan Meatballs Steamed Pork Patty Rice Pork Rib Soup with Dried Octopus and Lotus Root	Sweet and Sou Vegetarian Pork Italian Ham Steak Rice Chicken Feet Soup with Red Date and Peanut
Fruit			Blueberry / Apple	Pear / Apple	Banana / Apple
Refreshment			Cereal Milk Warm water	Wheel-shaped Bread Warm water	Egg Tart Warm water
Lunch	13/10 Italian Bolognese (Beef) Japanese Corn and Chicken Cake Rice Rice Bean and Arrowroot Soup with Pork	Japanese Beef Chukiwa in Corn Sauce Rice Pork Rib Soup with Dried Octopus and Lotus Root	15/10 Steamed Chicken Pork Dice in Tomato Sauce Rice Chicken Feet Soup with Red Date and Peanut	Beancurd Knot in Honey Sauce Taiwanese Braised Minced Pork Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	17/10 Parent-child Chinese Cultura Carnival
Fruit	Apple	Papaya / Apple	Grapes / Apple	Orange / Apple	
Refreshment	Sesame Bun Low sugar soy milk Warm Water	Chicken pie Warm water	Cereal Milk Warm water	Grain bread Warm water	
Lunch	20/10 Japanese Bai Ye Tofu Chicken with Mushroom Sauce Rice Chicken Feet Soup with Red Date and Peanut	21/10 Beef in Corn Sauce Veggie Fish Cake Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	22/10 Stir-fried Pork Slices Hamberger Steak Rice Rice Bean and Arrowroot Soup with Pork	23/10 Beancurd Sheet Beef with Peach Sauce Rice Pork Rib Soup with Dried Octopus and Lotus Root	24/10 Stir Fired Veggie wit Soy Milk Film Pork in Tomato Sauce Rice Chicken Feet Sou with Red Date an Peanut
Fruit	Apple	Dragon fruit / Apple	Blueberry / Apple	Pear / Apple	Cherry Tomato / Apple
Refreshment	Salty Bun Low sugar soy milk Warm Water	Layer Cake Warm water	Cereal Milk Warm water	Milk Bun Warm water	Boiled Egg Warm water
	27/10	28/10	29/10	30/10	31/10
Lunch	Minced Pork with Tomato Teriyaki Chicken Rice Rice Bean and Arrowroot Soup with Pork	Chicken in Garlic and Honey Sauce Cuttlefish Cake Rice Pork Rib Soup with Dried Octopus and Lotus Root	Chung Yeung Festival Holiday	Bolognese (Beef) Stir-fired Mushroom and Pork Slices Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Japanese Kombu and Pork Meatballs Rice Rice Bean and Arrowroot Soup with Pork
Fruit	Apple	Papaya / Apple		Orange / Apple	Banana / Apple
Refreshment	Corn Bun Low sugar soy milk Warm Water	Pineapple Pizza Warm water		Mochi Balls Warm water	Sweet Bun Warm Water

^{*}Boiled vegetables or melons are available every day.