



Baptist Pui Li School 2023-24 School Year Meal Menu for Whole-day Class (February)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1/2	2/2
Lunch				Steamed Egg with Mushroom and Crab Stick Rice Dried octopus and lotus root soup	Pumpkin with Prok Rice Green radish carrot and corn soup
Fruit				Orange / Apple	Papaya / Apple
Refreshment				Cheese Stick Bread Warm water	Sponge Cake Warm Water
	5/2	6/2	7/2 (Birthday Party & Traditional Chinese Clothes Day)	8/2	9/2
Lunch	Braised Chicken with Potato Penne Papaya Snow Fungus Soup	Steamed Egg with Pumpkin and Minced Pork Rice Old cucumber red bean soup	Fish Fillet Rice in Corn Sauce Tea plant mushroom corn and pork bones soup	Lunar New Year Holiday	Lunar New Year Holiday
Fruit	Apple	Grapes / Apple			
Refreshment	Malted Bread with Raisin Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Sesame Bun Warm water			
	12/2	13/2	14/2	15/2	16/2
Lunch	Lunar New Year Holiday	Lunar New Year Holiday	Lunar New Year Holiday	Lunar New Year Holiday	Lunar New Year Holiday
Fruit					
Refreshment					
	19/2	20/2	21/2	22/2	23/2
Lunch	Taiwanese Braised Minced Pork With Rice Lotus root and pork bones soup	Honey Glazed Roasted Chicken Spaghetti (Small Pieces) Minestrone Soup	Italian Pork Chop (small pieces) Rice Gassho melon, yam and Barley Soup	Broccoli with Fish Fillet Spaghetti Gassho melon and pork bones soup	Steamed Egg with Minced Pork and Spinach Rice Snow fungus apple and pork soup
Fruit	Apple	Grapes / Apple	Blueberry / Apple	Orange / Apple	Mandarin / Apple
Refreshment	Wheel-shaped Bread Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Sesame Bun Warm water	Cereal Milk Warm Water	Chicken Pie Warm water	Sponge Cake Warm Water
	26/2	27/2	28/2	29/2	
Lunch	Steamed Pork Patty with Pumpkin Rice Gassho melon and pork bones soup	Cauliflower Potato and Chicken Spaghetti Green radish carrot and corn soup	Steamed Egg with Corn and Minced Pork Rice Tomato and potato soup	Pork Rice with Pumpkin Sauce Papaya Snow Fungus Soup	
Fruit	Apple	Banana / Apple	Grapes / Apple	Orange / Apple	
Refreshment	Malted Bread with Raisin Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Boiled Egg Warm water	Cereal Milk Warm Water	Cheese Stick Bread Warm water	

*Boiled vegetables or melons are available every day.