



Baptist Pui Li School 2023-24 School Year Meal Menu for Whole-day Class (March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1/3
Lunch					Parents' Day
Fruit					
Refreshment					
	4/3	5/3	6/3	7/3	8/3
Lunch	Fish Fillet in Creamy Corn Sauce with Rice Green radish carrot and corn soup	Chicken Penne with Mixed Vegetable in White Sauce Papaya Snow Fungus Soup	Steamed Egg with Pumpkin and Minced Pork Rice Old cucumber red bean soup	Fish Fillet Penne in Corn Sauce Tea plant mushroom corn and pork bones soup	Steamed Pork Patty with Mushroom and Water Chestnut Kudzu, beans and ribs soup
Fruit	Apple	Grapes / Apple	Blueberry / Apple	Orange / Apple	Cherry Tomato / Apple
Refreshment	Sesame Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Cranberry Bun Warm Water	Cereal Milk Warm Water	Boiled Egg Warm Water	Egg White Cake Warm Water
	11/3	12/3	13/3	14/3	15/3
Lunch	Steamed Egg with Minced Pork Rice Tomato and potato soup	Fish Fillet Spaghetti with Pumpkin and Corn Chestnut radish and pork bones soup	Tomato and Pork Rice Zucchini and Meat Soup	Chicken and Vegetable Penne Pumpkin and radish pork bones soup	Steamed Pork Patty with Tofu and Corn Rice Lotus root and pork bones soup
Fruit	Apple	Banana / Apple	Cranberry / Apple	Orange / Apple	Chinese Pear / Apple
Refreshment	Grain Bread Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Walnut Bun Warm Water	Cereal Milk Warm Water	Cheese Mochi Bread Warm water	Pineapple Pizza Warm Water
	18/3	19/3	20/3	21/3	22/3
Lunch	Tomato, Potato and Chicken Fillet Rice Minestrone Soup	Italian Pork Chop (small pieces) Penne Gassho melon, yam and Barley Soup	Steamed Egg with Minced Pork and Spinach Rice Gassho melon and pork bones soup	Pork Rice with Potato in Portuguese Sauce Snow fungus apple and pork soup	Honey Glazed Roasted Chicken Penne (Small Pieces) Gassho melon and pork bones soup
Fruit	Apple	Grapes / Apple	Blueberry / Apple	Orange / Apple	Cherry Tomato / Apple
Refreshment	Corn Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Barley Bread Warm Water	Cereal Milk Warm Water	Raisin Bun Warm Water	Sponge Cake Warm Water
	25/3 (Birthday Party & Easter Celebration Party)	26/3	27/3	28/3	29/3
Lunch	Steamed Pork Patty with Pumpkin Rice Green radish carrot and corn soup	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday	Easter and Ching Ming Festival Holiday
Fruit					
Refreshment					

*Boiled vegetables or melons are available every day.